Drinking Hydrogen Peroxide.

The human body expels 70 percent of its toxins from breathing. When you breathe, fat molecules combine with oxygen atoms, producing carbon dioxide. Carbon dioxide is the most abundant product of metabolism. The other 30 percent of toxins are discharged through defecation and sweat. A small amount of water-soluble toxins are discharged through urination. If your breathing is not operating at peak efficiency, you are not ridding yourself of toxins properly. Research shows that shallow breathers get cancer more often. Drinking Hydrogen Peroxide usually helps rid the body of excess toxins, bacteria, viruses and cancers. The acidic properties of fat lower the body's cellular pH and oxygen levels, producing an ideal breeding ground for cancer. Cancer needs an acidic low oxygen environment to survive and thrive. Your kidneys must work overtime if less than 70 percent of your toxins are not being released through breathing, causing a number of illnesses.

A 1:1000 solution of colloidal silver to H2O2 increases the efficacy of colloidal silver by up to 100 times against bacteria. The increased bioavailability reaction using colloidal silver and H2O2 results in a delivery mechanism that increases adsorption of silver directly into tissues. Dilute the H2O2 to the desired concentration, then add the colloidal silver to the solution. The amount of hydrogen peroxide to use will depend on the type and quality of colloidal silver. The higher the particle content, the more hydrogen peroxide will need to be used. A 3% H2O2 solution with colloidal silver is much more reactive than standard 3% H2O2 solution.

Drinking hydrogen peroxide may cause an upset stomach. Hydrogen peroxide should be taken on an empty stomach, one hour before meals or three hours after meals. Food in the stomach may cause excess foaming, indigestion or vomiting. Those with chronic systemic Candidiasis may need to start with 1 drop in 8oz. of water 3 times a day, then 2 drops in 8oz. of water three times a day before starting a schedule. Do not mix chlorinated tap water with 35% Food Grade Hydrogen Peroxide! People with serious problems will benefit from staying on 25 drops three times a day for one to three weeks, then tapering down to 25 drops two times daily until the problem is resolved (1 to 6 months). Some patients take three or four lecithin capsules at the same time they take the hydrogen peroxide to stop the nausea.

As dead bacteria and toxins are released from your body, your capacity to eliminate them quickly enough may cause some pain or discomfort in the kidneys. This toxic overload may cause fatigue, diarrhoea, headaches, skin eruptions, cold or flu-like symptoms, and/or nausea. If this occurs, remain at the current dosage or reduce it to the previous dosage until the problem stops. Do not discontinue drinking the hydrogen peroxide solution unless pain or irritations become severe. Discomfort and irritations will dissipate shortly after cutting back on the amount of hydrogen peroxide you are drinking. Continuing with the hydrogen peroxide program will clean out the body sooner of excess toxins. Another method of drinking hydrogen peroxide, requires putting 1 drop of hydrogen peroxide in every ounce of water you drink. If the taste of the hydrogen peroxide is to strong for you, try putting 1 drop of hydrogen peroxide in every 2 ounces of water you drink.
Normal human cells have a lot of molecular oxygen and a slightly alkaline pH. The cancer cell has an acid pH and lack of oxygen. Cancer cells will not survive in an oxygen environment. Cancer and all diseases do not like oxygen. Proper cellular utilization of oxygen requires diets containing adequate amounts of unsaturated fatty acids. Most common ailments affecting population are directly related to oxygen starvation. Asthma, emphysema, and lung disease are on the rise, especially in polluted metropolitan areas. Cases of constipation, diarrhoea, intestinal parasites and bowel cancer are on the rise.

Many of the new "miracle" drugs and nutritional supplements used to treat these conditions work by increasing cellular oxygen. The miracle nutrient, Coenzyme Q10, helps regulate intercellular oxidation. Organic germanium increases oxygen levels at the cellular level. Niacin and vitamin E promote tissue oxidation through their dilation of blood vessels. Vitamin E makes efficient use of available oxygen and acidophilus helps re-establish beneficial bacterial flora in the bowels. Hydrogen peroxide is only one of the many components that help regulate the amount of oxygen getting to your cells. The presence of hydrogen peroxide is vital for many other functions as well. Hydrogen peroxide is required for the production of thyroid hormones and sexual hormones, the production of interferon, dilation of blood vessels in the heart / brain and glucose utilization in diabetics.

Germanium is a trace element / mineral, which promotes cell oxygen absorption. Germanium enhances the cell's ability to generate energy by raising the cell’s oxygen supply. Organic Germanium-132, has never exhibited any toxic side effects. Germanium strengthens the immune system, normalizes high blood pressure / cholesterol and protects the body against cellular aberrations. Germanium stimulates the immune system in cancer patients as well as healthy individuals. The highest concentrations of germanium were found in medicinal plants: ginseng, shitake mushrooms, aloe vera, comfrey and garlic. Russian shelf fungus had the highest levels of germanium. The healing waters of Lourdes, France also have significant quantities of germanium. Germanium appears to significantly enhance the body's production of interferon. research suggests that germanium helps normalize the body's defences in cancer patients.

A single atom of oxygen is very reactive and is referred to as a free radical. We continually read that free radicals are responsible for all types of ailments and even premature aging. Our bodies create and use free radicals to destroy harmful bacteria, viruses, and fungi. White blood cells are responsible for fighting infection and foreign invaders (bacteria, viruses, fungi, etc.) in the body by making hydrogen peroxide to oxidize all infections and invaders. Vitamin C helps fight infections by producing hydrogen peroxide, which stimulates the production of prostaglandins. Lactobacillus found in the colon and vaginas also produce hydrogen peroxide. This destroys harmful bacteria and viruses, preventing colon disease, vaginitis, bladder infections and a host of other common ailments. When lactobacillus in the colon or vaginal are overrun with harmful viruses, yeast, or bacteria, an effective douche or enema solution can be made using 3 tablespoons of 3% hydrogen peroxide in 1 quart of distilled water. Friendly bacteria in the colon and vagina are aerobic, while most strains of harmful bacteria, viruses and cancer cells are anaerobic and cannot survive in the presence of oxygen or hydrogen peroxide.
Hydroxyl radicals are formed when super oxide and hydrogen peroxide react together. To prevent damaging the cells, antioxidants and hydrochloric acid (muriatic acid) should be taken if the hydrogen peroxide formula is going to be used for a long period of time. Antioxidants come in different pill forms and in different food types. Antioxidants foods are cranberries, blueberries, aronia berries, pomegranates, etc. Nature's best antioxidant is a drop of clove oil under the tongue, which contains more than ten times the antioxidants that any berry does. Dentists have been using clove oil as an antiseptic in their profession for ages.

Hydrogen peroxide helps: Adult Onset Diabetes, Allergies, Altitude Sickness, Alzheimer's, Anemia, Angina, Arrhythmia, Arthritis, Asthma, Bacterial Infections, Bronchitis, Cancer, Candida, Cardiovascular Disease, Cerebral Vascular Disease, Chronic Fatigue Syndrome, Chronic Pain, Diabetic Gangrene, Diabetic Retinopathy, Digestion Problems, Emphysema, Epstein-Barr Infection, Food Allergies, Fungal Infections, Gangrene, Gingivitis, Headaches, Heart Disease, Herpes Simplex, Herpes Zoster, HIV Infection, Immune Disorders, Infectious Diseases, Inflammation, Influenza, Insect Bites, Liver Cirrhosis, Lupus Erythematosus, Migraine Headaches, Multiple Sclerosis, Parasitic Infections, Parkinson's Disease, Parkinsonism, Periodontal Disease, Pneumonia, Prostatitis, Pulmonary Diseases, Rheumatoid Arthritis, Shingles, Sinusitis, Sore Throat, Stroke & Memory Loss, Type II Diabetes, Ulcers, Vascular & Cluster Headaches, Viral Infections, Warts, Yeast Infections, etc. Some results from drinking hydrogen peroxide include: arthritis disappearing, high blood pressure normalizing, cancers going into remission, high energy levels returning, bowels regulated, alertness and increased memory, elimination of depression, etc. Hydrogen peroxide stimulates enzyme systems throughout the body, increasing metabolic rate, causing small arteries to dilate and increase blood flow, enhancing the body's distribution and consumption of oxygen while raising body temperature.

Possible Reactions to using Hydrogen Peroxide include: Skin eruptions, nausea, sleepiness, unusual fatigue, diarrhoea, colds (in head or chest), ear infections, boils, or any other method that the body uses to emit toxins from the body. This is the natural way for the body to cleanse and the natural cleansing will be of short duration, as you continue to maintain your program. Above all, even if you must decrease the dosage, continue the program, don't give up. If you get a cleansing reaction, you may want to increase the dosage to hasten the cleansing. A cleansing is the effect on the body of bacteria dying off, or various forms of poisons being released through the eliminative organs of the body, i.e. skin, lungs, kidneys and bowels. Remember: When hydrogen peroxide comes in contact with virus and streptococci, it will liberate free oxygen. This may be happening in your stomach. If your stomach feels uneasy, it is only the hydrogen peroxide destroying the virus and streptococcus in your body.

The dangers and side effects of hydrogen peroxide are few and conflicting. There have been two known fatalities in children who ingested 27% hydrogen peroxide and 40% hydrogen peroxide. A 2-year-old female swallowed one mouthful of 35% hydrogen peroxide. She immediately began vomiting, followed by fainting and respiratory arrest. She experienced erosion and bleeding of the stomach and esophagus, but survived the incident. She was re-examined 12 days later; her stomach and esophagus had healed.